



# THE CHRONICLE

Wagga Wagga Christian College

## VALUES: SERVICE

Last year one of the key College activities was working out what our values are as Wagga Wagga Christian College. This involved staff and students having input and developing the 5 key values that define us as a College. The values that were determined are as follows: Service, Hope, Respect, Excellence and Curiosity (An easy way to remember them is the acronym SHREC). So over the next few weeks, we will introduce each of the values to you.

### Service

One of my most challenging quotes as a Christian School educator is this: It is nothing but a pious wish and a grossly unwarranted hope that students trained to be passive and non-creative in school will suddenly, upon graduation, actively contribute to the formation of Christian culture. Nicholas Wolsterhoff. Often in schools, we do once-off service events e.g. short-term missions trips, and Clean-up Australia Day. These events provide positive learning opportunities to our students; however, service is more than a once-off event we also need to teach our students that true biblical service is a life lived in service to the communities we find ourselves in.

So, what are some of the aspects we should be teaching our students about service?

**Service is not about you:** I remember several years ago having a conversation with a student who was trying to 'serve' another student by constantly telling them what to do, the student who was being 'served' actually just felt intimidated. I had to explain to that student the key to helping or serving is that the other person feels like they are being served. Living a life of service means putting the other's needs first above our own. Genuine service is hard and we more often than not don't get recognition for it. True service is sacrificing ourselves for others.

**Service is for the long haul:** Serving is not a once-off event, it is about consistency and showing up even when it is hard. One of my pastor's always said serving is about under-promising, over-delivering and committing for the long haul. My church at that time ran a breakfast club for a local high school for 10 years. That is a long time to commit to an organisation, find volunteers and finance to pay for the breakfast ingredients. Serving well is about being there for someone even after others have gone.

**Service meets an actual need of the community:** Thank-you Water used to fundraise for building wells in villages where there was no clean water. However, upon arriving at the villages they discovered that they already had wells built by other charities. Many of these wells were not operational though, because the other charities hadn't taught the people in the village how to fix the wells or given them the ability to get spare parts. So, whilst the provision of clean water was a well-meaning act, they hadn't really served the community in the long run. Good service involves listening and finding out the real needs of the community.

Each of you  
should use  
whatever gift you  
have received to  
serve others, as  
faithful stewards  
of God's grace in  
its various forms.

1Peter 4:10

# PRINCIPAL'S PRESS

## Swimming Carnival

Well done to the Primary and Secondary students who participated in the swimming carnivals last week. There was some excellent competition and participation in the quest for house points. It was wonderful to see our Year 9 and 10 students backing up at the Primary swimming carnival the day after the Secondary swimming carnival to help serve the younger students. Well done!

## Healthy Harold - Life Education Van

This week you might notice the Life Education Van parked in the staff car park. We have Healthy Harold back with us again for the Primary students this week.

## Mini Socceroo's and Matilda's Gala Days

This week our Primary students in Stage 2 and 3 will be participating in mini soccer gala days, which sounds like fun for those who love the joy of the 'round ball' game!

## Open Night and Meet the Teacher

We have our annual College Open Night and Meet the Teacher on Tuesday 5 March from 4:30-7:30pm. Your child will have received some postcard invitations to the Open Night. Please be thinking about who you can invite, we are looking forward to showing you our wonderful College.

**Mrs Lisa Domicich**  
Interim Principal



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“Living a life of service means putting the other’s needs first above our own. Genuine service is hard and we more often than not don’t get recognition for it. True service is sacrificing ourselves for others.”

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**MRS LISA DUMICICH**  
INTERIM PRINCIPAL

## Prayer Points

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### GIVE THANKS

- For the great fun & success at the Swimming Carnivals

### PRAYER FOR

- Our upcoming Open Night
- The ongoing health of our wonderful community.
- Safety at the soccer gala days



## WATER FUN DAY

While the rest of Primary School was competing at the Swimming Carnival in Junee, Preschool, Kindy and Year 1 had buckets of fun at their Water Fun Day! The morning was filled with fun activities like water fights, splashing around in little pools and playing with other fun water toys. Students even finished the morning off with ice blocks, what a great way to cool off on such a sunny day!

[SEE THE PHOTOS . . .](#)



## STUDENT LEADERSHIP MARKET

Last Friday saw Secondary School's annual Student Leadership Market, which is always a great opportunity for students to learn how they can get involved in different aspects of the College. The College has Student Leadership groups of all kinds ranging from the White Dove Cafe and Music to Cattle and the new Student Representative Council! We always love seeing what our Student Leadership groups get up to throughout the year and find it encouraging to see students across all different year groups form friendships.

[SEE THE PHOTOS . . .](#)



## KINDER BUS SAFETY

Kindergarten had a fun afternoon learning about bus safety yesterday! It is essential that our little ones learn about bus safety and how important it is now that they have started their big school life. We had lovely friends from Busabout, NRMA and the police come to teach Kindergarten some bus safety tips and the meanings of all the different signs and lights on the bus. To put everything into practice, Kindergarten also got to have a little ride on the bus!

[SEE THE PHOTOS . . .](#)



## LIFE ED VAN

Breaking news - Healthy Harold has made an appearance at the College! All Primary School students will be visiting the friendly giraffe throughout the week to learn about safety, friendships and how God has intricately designed their bodies to function and keep them alive.

[SEE THE PHOTOS . . .](#)

# LOVIN' SPORT



## SWIMMING CARNIVALS

Primary and Secondary School had a great time at their Swimming Carnivals last week! The team spirit was strong, the chants were loud and the costumes were creative. Well done to all of the students who gave it a go!

A big thank you to the Secondary students and parents who volunteered their time to help out on the BBQ and in the pool at the Primary Carnival.

Congratulations to West for winning the Secondary Carnival with 1590 points and to Lindner who won the Primary Carnival with 714 points!

[SEE THE PHOTOS . . .](#)



# OPEN NIGHT

TUESDAY 5 MARCH  
4:30 - 7:30PM

**IMAGINE!**

PRESCHOOL - YEAR 12

TOURS  
OPEN CLASSROOMS  
2025 INFORMATION SESSIONS  
PERFORMANCES

WWCC.NSW.EDU.AU  
401 KOORINGAL RD  
WAGGA WAGGA



SAVE  
THE DATE

## FUNDRAISING HIGH TEA

WITH ALL PROCEEDS GOING  
TOWARDS LILIER LODGE AND  
CAN ASSIST WAGGA WAGGA

17TH MARCH 2024

2PM TO 5PM

AT THE GARDENS RESTAURANT  
WAGGA WAGGA BOTANIC GARDENS



## Physie & Dance

WITH THE  
WAGGA WAGGA  
PHYSICAL CULTURE CLUB

ENROLMENTS NOW BEING TAKEN FOR  
2024!

What is Physie?

Fun, upbeat, pop music is the soundtrack to a dance sport that fuses dance styles such as jazz, ballet, hip hop, contemporary, aerobics and even yoga!

Physie helps to develop strength, good posture, flexibility, rhythm, co-ordination, self-confidence and most of all

- Fun, Fitness & Friendships!

It's a fun Dance Sport for girls from 3 years to ladies of all ages!



NEW MEMBERS - TRY BEFORE YOU PAY!

'Phone Kerrie Baker on 0402-236857

Email: [waggaphysie@gmail.com](mailto:waggaphysie@gmail.com)

for further information

or find us on Facebook or Instagram!

# College Counsellor

• EMPOWERMENT • WELLBEING • AFFIRMATION



## How can you help when your child refuses to go to school

*If you have a child or teenager who complains about going to school, you are not alone. There is a kindness in encouraging children to face their fears; this promotes confidence and autonomy. Conversely, avoiding the triggers of anxiety increases anxiety in the long term. The below tips are taken from a bigger article published in 2018.*

### **Consider possible triggers**

At a time when you're both calm (and not on school mornings), ask your child to describe the key challenges of going to school. Together, you may be able to solve these problems or develop a plan to manage them. For younger children or those who struggle to express their feelings, you may need to use the observe-validate-redirect model:

Observe: *"I have noticed that you appear upset and worried in the morning and you often ask to stay home."*

Validate: *"We all feel upset and worried sometimes and it can feel uncomfortable."*

Redirect: *"Going to school is very important. What are some things that we can do to help you to get there?"*

### **Give clear and consistent messages**

Research suggests there are subtle yet critical differences in how parents communicate about school attendance. Consider this scenario:

*You wake your child for school at 8:15am and need to leave the house at 8:45am, concerned that they need to get more sleep. You sit on the bed and ask, "how are you feeling today?" Your child becomes distressed and says they are not attending school. Concerned, you note "it would be really good if you could". Your child refuses. You start to feel anxious and upset, and tell them "you can't keep doing this" before walking out.*

The child has had only a short time to get ready and while the parent is clearly supportive and concerned, the verbal messages around school attendance are ambiguous and the parent leaves the room in distress.

A more helpful approach would include:

- waking the child at the same time each day with enough time to get ready for school
- giving clear messages about school attendance such as "it's time to get up for school" and "I know you don't want to go but we cannot allow you to remain at home"
- encouraging a graded approach to the morning if the child becomes distressed: "let's focus on breakfast first", "let's get your school bag sorted", and so on.

## Set clear routines on days off school

Well-meaning parents will often find that efforts to encourage their child's school attendance are hampered by positive reinforcements for staying at home: the ability to sleep in and spend the day relaxing, watching TV and playing video games, or having more individual attention from a parent.

If a child is not going to school, they shouldn't be indulged. If you find your child at home on school days, set up a home routine similar to school:

- get up and dressed by school time
- limit access to TV and the internet during school hours
- encourage the child to complete their school work
- limit one-on-one time with the parent until after school hours
- reduce activities out of the home, such as shopping.

*If this has peaked your interest, find out more here: [So your child refuses to go to school? Here's how to respond \(theconversation.com\)](#).*

### Authors

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**To get in touch with the  
College Counsellor**  
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email: [g.mclean@wwcc.nsw.edu.au](mailto:g.mclean@wwcc.nsw.edu.au)

# What's going on at the Blamey Community Group Inc?

**Curious Little Ants Playgroup**  
Different theme each week

Wednesday's 0930 - 1130am  
at Kapooka Community Centre

## Pilates class

MONDAY 9:30-10:30AM  
\$5.00 PER PERSON

Help improve flexibility, increase muscle strength & tone - particularly your abdominal muscles, lower back hips and buttocks.  
Its a great, low impact and suitable for everyone no matter if you've never exercised before or are experienced

For more information contact us on [blameycg@gmail.com](mailto:blameycg@gmail.com)

## Coffee & Creations!

FRIDAY 3:00PM - 4:00PM

ENJOY A COFFEE & CONVERSATION  
WHILE THE KIDS CREATE

**EACH WEEK WILL BE DIFFERENT**

## Boogie Bounce

Starting Term 1 2024  
Tuesday  
7:15-8:00pm

\$7.50 per person- per session **ONLY 10 spots available for each class!!**  
(Classes are to be paid in 5 week deposits)

Unfortunately due to the space no spectators or children (who are not participating) will be able to attend

\*Please turn up at least 10 minutes before starting your first bounce as a medical history form needs to be filled in before getting on the trampoline to ensure you are medically safe to bounce.

\*Please bring grip socks to bounce in (trampoline park, soft play, yoga socks with grip on the bottom are fine to use). If you don't have a pair of these you can purchase them at class for \$10 so just bring some money with you. Outdoor footwear and barefoot is not permitted on the trampolines.

\*Min. age is 12 years old if attending with an adult

## Bumps to Babies

Alternating Fridays from 10 am to 12pm  
at the community centre on the RAAF Base.



# CHURCH COMMUNITIES YOU ARE WELCOME!



Connect online and discover meeting times and more with the following church communities:

