



THE CHRONICLE

Wagga Wagga Christian College

FROM THE PRINCIPAL

1 hour

10 days

800 dollars

1 to 6 kilometres

The list above may seem a bit strange, but I've been thinking about these numbers lately. Let me explain...

1 hour.

Tomorrow night (Tuesday 3rd May) is our College Prayer Meeting. This is a valuable time for people from all different churches to gather together and pray for our College and community. It runs from 7pm to 8pm in the Library, and everyone is welcome. If you cannot make it but would like to pray for the College, I encourage you to let our Community Relations team know so they can share some prayer points with you.

10 days.

We have seen an increase in the number of families who are dealing with COVID at home whilst asking to send the non-COVID children to school. There are restrictions that I've shared in a previous COVID note that need to be followed for the 10 days after a positive diagnosis.

**College
Prayer Night**

You are welcome

**Tomorrow Evening
7:00 - 8:00pm
College Library**

Introductory devotion by
Generocity Church Lead Pastor,
Tash Eagle

“ Rejoice always, pray continually,
give thanks in all circumstances; for
this is God's will for you in Christ
Jesus. ”

1 Thessalonians 5:16-18 NIV

This includes daily Rapid Testing plus wearing masks at school. Please contact the office if you are unsure. My aim is to minimise the impact COVID has on the College, and I really need your assistance in following these guidelines.

800 dollars.

I've noticed how this term in the Riverina changes from the hot and dry days to be a little bit more chilly (including the cold nights and early morning frosts). As you start sending your children back to school you may find that they want a jacket in the morning and will come home in shirt sleeves. I want to encourage you to continually check names are on uniform items. I know it is upsetting when children have lost items of clothing and we will keep trying our best to return labeled items quickly. To help us do this please make sure they have their name on their clothes! We are guessing that we have about \$800 worth of unlabeled uniform items in the lost property so if you are missing something please come and check.

1 to 6 kilometres.

After a week of possible rain we decided to hold our Cross Country events on Friday. I had the absolute joy of standing along the courses and encouraging the runners (and walkers). I know we had many parents join us at the finish line, and I appreciate their effort in coming and cheering on not just their own child but others as well. I also appreciate the effort of the staff and students who helped on the day. It was a wonderful opportunity for the children to stretch their legs, so well done to the younger ones who had to run a whole one kilometre, and also to the older students who kept up the momentum to travel six kilometres around the lake.

I hope you have a great week. Phillip Wilson, Principal

"I know we had many parents join us at the finish line, and I appreciate their effort in coming and cheering on not just their own child but others as well."

Mr Phillip Wilson
PRINCIPAL



**Junior School
Pop-Up Canteen
is back!**

Thursdays @ Recess
under the JS COLA

Slices, Chips and Drinks available.

Prayer Points

GIVE THANKS

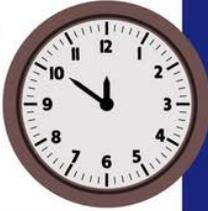
- For wonderful weather for the College Cross Country
- For opportunities for our Wagga Community to meet to worship and honour God

PRAYER FOR

- Families who are disconnected
- Those making life changing decisions
- College Board and Company Members as they prepare for the Annual General Meeting
- Those who are sick

HOW TO MAKE AN EXAM DAY A GOOD DAY!

YEAR 7 - 11 EXAM WEEK IS WEEK 3A.
NAPLAN EXAMS FOR YEARS 3, 5, 7 & 9 WILL BE HELD FROM 10 - 19 MAY.

| | | | |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>GET A GOOD NIGHT'S SLEEP</p> <p>It is important to get a good night sleep the night before an exam. It will be easier to focus if you are well rested.</p>  | <p>GET ORGANISED</p> <p>Make sure you have everything you need by organising your pencil case the night before.</p>  | <p>EAT A MEAL BEFORE HAND</p> <p>Remember to eat breakfast and lunch before the exam to prevent your stomach from rumbling and distracting you.</p>  | <p>ARRIVE EARLY</p> <p>Give your self plenty of time to get to school; you don't want to be in a rush to get to the exam.</p>  |
| <p>DRINK WATER</p> <p>An easy way to improve your concentration is to stay hydrated, so remember to bring a bottle of water to the exam.</p>  | <p>STAY CALM</p> <p>If you feel yourself getting nervous, take some deep breaths and feel your body relaxing before moving onto the next question.</p>  | <p>READ THE QUESTION</p> <p>Don't rush through the exam. Make sure you read the question at least twice before writing the answer.</p>  | <p>LEAVE TIME AT THE END</p> <p>Make sure you leave time at the end of your exam to check your answers.</p>  |

Information sourced from OxfordSecondary.co.uk

NAPLAN - 2022

WEEK 3A

| | Year 3 | | Year 5 | Year 7 | Year 9 |
|------------|----------------------------------------------------|---------|------------------------------------|---------|---------|
| | 3C | 3T | | | |
| Tue 10 May | Writing | Writing | Writing | | |
| Wed 11 May | | | Reading | Writing | Writing |
| Thu 12 May | Reading | Reading | Conventions of Language & Numeracy | | |
| Fri 13 May | NO NAPLAN TESTS WILL BE HELD ON FRIDAY 13 MAY 2022 | | | | |

WRITING Tutorials

WEDNESDAY AFTERNOONS
FROM 3:15 - 4:00PM
IN THE LIBRARY

Open to any Year 7 - 12 student keen to improve their writing skills. This is an opportunity to get feedback on writing tasks. See Mr Xeros or Mr Wallace for any further information.

WEEK 4B

| | Year 3 | | Year 5 | Year 7 | Year 9 |
|------------|-------------------------|-------------------------|--------|-------------------------|-------------------------|
| | 3C | 3T | | | |
| Mon 16 May | Conventions of Language | Conventions of Language | | | |
| Tue 17 May | Numeracy | Numeracy | | Reading | Reading |
| Wed 18 May | | | | Conventions of Language | Conventions of Language |
| Thu 19 May | | | | Numeracy | Numeracy |
| Fri 20 May | | | | | |

MATHS Tutorials

THURSDAY AFTERNOONS
FROM 3:30 - 4:30PM IN C2

Open to any Year 7 - 12 student keen to improve their maths skills. See Mr Gyles for any further information.

UNIFORM SHOP OPEN

This Wednesday from 8:45am to 9:45am
(Closed this Thursday afternoon)

EXAM HELP NEEDED



Twice a year the College provides particular students with help during their exams in the areas of reading and writing.

If you are available to help during exams in from Monday 9 - Thursday 12 May, our Learning Support Team would love to hear from you.

Please contact the College Office to apply.

Volunteers will need to provide a Working With Children Check number.

MOTHERS DAY STALL

FRIDAY 6 MAY

KINDERGARTEN - YR 6

GIFTS FROM \$2 - \$16

proceeds support extracurricular subsidy for students attending far flung school events.

Please contact community if you would like to help at this stall.
community@wwcc.nsw.edu.au





BUILD A BRIDGE

Building a bridge is a complicated and serious brief, as Freya Howard, Year 10 student, discovered last week at COMPACT and REROC's 'Build a Bridge . . . and get over it' three day engineering camp. Now in it's 14th year successful students have the opportunity to work in teams, with professional civil engineers to design and compete for the right to have their bridge constructed over the billabong at Borambola Sport and Recreation Camp. Freya, as part of the 'Green Team', won the competition and at the graduation ceremony on Thursday walked safely across the bridge! If you are interested in design, problem solving and want to be involved in a profession with many and varied job prospects, consider being part of this program next year (entries are open to Year 10 students only). An amazing opportunity to grow and be exposed to new skills and pathways. Well done Freya!



MIDDLE SCHOOL BUILDING UPDATE

Students came back to school after the break to see a big change in the building work on the new eight classroom complex due to open later in 2022.

The spaces have begun to be enclosed and work will soon start on the Urban Square adjacent to the building - a series of ramps and small meeting spaces connecting the Middle School site to the Junior School playground and establishing an avenue from which to move through the College.

[SEE ALL THE PHOTOS HERE . . .](#)

Consider Creation



CAN YOU HELP?

IXL Environment are collecting brown and red onion paper skins and clean avocado seeds and skins to make some naturally dyed products!

Rather than throwing away these kitchen scraps, drop them into the College for the IXL Environment class!

You can bring your red onion skin, brown onion skin and avocado seeds and skins to Miss Kimberley Scriven in the MPC Music Staffroom.

[FIND OUT MORE ABOUT HOW TO MAKE DYE FROM AVOCADO SKINS HERE!](#)



LOVIN' SPORT



CROSS COUNTRY - K-YEAR 2

The Kindergarten to Year 2 Cross country was a huge success. There were lots of happy faces and proud parents and teachers as the students completed the course with such enthusiasm. The classes have been training for the cross country all year and their efforts certainly shone through. The students all ran their very best and didn't give up. Well done!

A special thank you to some of our Year 5 and 6 students who ran the course with the younger students. They all displayed a beautiful level of sportsmanship and encouragement to each student. These students include: Violet Burgum, Ruby Douglas, Ruby Vidler, Jemima McDowell, Sienna Looney, Evie McLean, Harry Bergmeier, Louis Bergmeier, Ben Robinson.

We also had 5C helping and cheering along our runners. We thank God for the weather holding off and for all of the special gifts and talents He has given each child.

Vanessa Vidler, Sports Coordinator, Junior School



CROSS COUNTRY - YEAR 3 - 12

There were some very impressive results in the Year 3 - 12 Cross Country held at Lake Albert last Friday. The weather was fine, although a bit humid, and the students made the most of their time around the lake, with many giving the race a good go, encouraging their friends, ensuring competitive finishes or just enjoying some time out doors.

Thank you to the many parents and friends who enjoyed clapping and cheering from the sidelines. Qualifying students will soon receive a note regarding attendance at the CSSA Cross Country event which is held at the Sydney International Equestrian Centre on Friday 27 May.

[SEE ALL THE PHOTOS HERE . . .](#)



CSSA NETBALL TRIALS

Three Year 6 girls attended the CSSA Netball Primary Trials in Sydney today. Ruby, Victoria and Zara played extremely well and it was an all round successful day. Zara played strongly and Victoria showed great defensive skills. Congratulations to Ruby who has made it into the CSSA Primary Netball Team! That is amazing and Ruby will be playing in the CIS competition this coming Friday. We wish you all the best Ruby!



COLLEGE COUNSELLOR

Mr Geoff McLean

Hello there!
Thanks for stopping by . . .



EMPOWERMENT

WELLBEING

AFFIRMATION

EATING WELL FOR A HEALTHY HEADSPACE

Eating well helps give you more energy!

*The following article is taken directly from headspace a source of great youth mental health support for young Australians.

Eating well helps give you more energy. It also, helps you sleep better, improves your concentration and, you guessed it, keep a healthy headspace.

Food and your mood

When you think of improving your mental health, you may not think about changing the food you eat. But there is a strong link between what we eat and how we feel!

We know that eating an unbalanced diet can make us feel sluggish and flat. But now we are seeing eating a balanced diet (with a variety of fruit, veggies, nuts and wholegrains) might actually improve our mental health. This is a pretty new and exciting area of research.

Here's how eating well can improve your headspace. It can:

- help you get a better night's sleep
- give you more energy
- improve your concentration, this can help with things like work and study
- make you less likely to crave foods with high sugar, salt or fat.

Do you want to learn more? Click on the [link](#) or scan the QR code to get started:



Healthy habits

If you're feeling low and having a tough time, it's important to put healthy habits in place - to give yourself a better chance of coping with life's challenges.

Eating well is one of these healthy habits, but it's not the only one. Things like staying active, sleeping well, and spending time with people you love also play an important role in good mental health.



CHURCH COMMUNITIES YOU ARE WELCOME!



Connect online and discover meeting times and more with the following church communities:



Want \$500 to help you with school costs?

saverplus

Saver Plus is a financial education program for families and individuals on a tight budget to develop life-long savings habits.

To join Saver Plus, you must:

- ✔ Have a current Health Care or Pensioner Concession Card **AND** an eligible Centrelink payment*
- ✔ Be studying yourself **OR** have a child in school (can be starting school next year)
- ✔ Have regular income from work (either yourself or your partner)*
- ✔ Be 18+ years old

*Many types of income and Centrelink payments are eligible

Here are some of the school costs the \$500 can be used for:

- laptops & tablets
- uniforms & shoes
- books & supplies
- sports fees & gear
- lessons & activities
- campus & excursion

For more information, please contact your local Saver Plus coordinator:

Stacey Hall
 stacey.hall@thesmithfamily.com.au
 0417 048 689 or 1300 610 355

DELIVERED BY
 The Smith Family
 everyone's family
 Find out more at saverplus.org.au

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ and delivered in partnership with local community organisations. The program is funded by ANZ and the Australian Government Department of Social Services.



Australia's longest-running financial education & matched savings program

Eligible families and individuals on low-income will:

- 🏠 Build budgeting skills
- 📈 Develop life-long savings habits
- 💰 Receive up to \$500 in matched savings for education costs *Eligibility criteria applies.

50,060
TOTAL PARTICIPANTS SINCE 2003

86% female participants 14% male participants

75% Saving for children's education
17% Saving for own education
8% Saving for both

\$26 million Amount saved **\$21 million** Amount received in matching from ANZ

FINANCIAL WELLBEING* AFTER SAVER PLUS

Average financial wellbeing score before Saver Plus: **36** Average financial wellbeing score after Saver Plus: **64** Australia average financial wellbeing score*: **59**

Share Saver Plus with your community

To join, participants must:

- ✔ Have a current health care card **OR** pensioner concession card
- ✔ Be studying yourself **OR** have a child in school
- ✔ Have regular income from work, yourself **OR** your partner

For full eligibility requirements, speak to a Saver Plus Coordinator.

For more information, refer interested participants to:

✉ saverplus@bsl.org.au 🌐 saverplus.org.au

☎ 1300 610 355 📱 @SaverPlusAU

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ and delivered in partnership with local community organisations. The program is funded by ANZ and the Australian Government Department of Social Services.

Soccer, Netball & Table Tennis beginning the first week of Term 2. For more info or to register contact Gavin on 0492872262

Junior Cricket

- Wednesday nights, 4:30- 6pm
- Mixed
- Enter individually

Table tennis

- Sunday from 4pm
- Group Lessons
- Mixed
- Enter individually

Junior Soccer

- Tuesday nights
- Mixed
- 5 players per team
- Enter individually or as a team

Junior Netball

- Thursday and Friday nights
- Mixed
- 7 players per team
- Enter individually or as a team

WIS
Wagga Indoor Sports



Girls & Boys Auskick at Wagga Tigers

Auskick Rookies: Under 5, 6 & 7 years of age as at January 1
Auskick Pros: Under 8 & 9 years of age as at January 1

Training: Starts Thursday 24th March 5 – 6 pm, at Robertson Oval & Bolton Park

Game Day: Sundays, Rookies 8:45 – 9:15 am, Pros 9:20 – 10:00 am
 Season length: April to August

For more information contact: tigersjuniorauskick2650@gmail.com

Registration Now!! <https://www.playhq.com/afl/register/5a3bba>

Registration/Meet and Greet: Sunday 27th Feb @ Robertson Oval 12pm